



Around Town Social Activities - Yarmouth, ME

Community based organizations offering programs that are open to the public
(both Free and Fee based)

Detailed below is a general listing of activities provided by many local organizations, offering opportunities for socialization and support. Please consult their websites or contact them directly for specific activity listings for each organization.

317 Main Community Music Center **207-846-9559** **www.317main.org**

317 Main Street

Music Lessons, Workshops, Ensembles and Jams for ALL ages, Cafe serving breakfast & lunch M-F, English Country Dancing on Wednesdays, Concerts, and home of Yarmouth Farmers Market Thursdays 3-6pm, June-Oct Deep Roots classes and ensembles cater to musicians 55+. Call or stop by anytime!

Bay Square at Yarmouth **207-846-0044**

27 Forest Falls Drive

www.benchmarkseniorliving.com/senior-living/me/yarmouth/bay-square-at-yarmouth (Scroll down to Activities Calendar)

Arthritis Exercise/Stretch & Flex
Mind and Memory Support Group
Dementia Live Program
Music, Water-painting, Social Programs, Movies

Central Men's Club **Richard Lippencott** **207-846-4767**

Yarmouth Community House: 179 East Main St.

Social organization: Share camaraderie and join in conversation, monthly meetings include dinner/speaker.

Merrill Memorial Library **207-846-4763** **www.yarmouthlibrary.org**

215 Main Street

Ongoing: Art Gallery Shows, Free WiFi; Free Coffee, Daily Newspapers, Book Delivery; Public Photocopier, FAX and Scanning; Discounted Passes to area Museums and Parks - A place to socialize!

Book Groups: Daytime and Evening
Exhibits and Lectures
Movies: Day & Eve
Senior Assistance - AARP Tax Assistance and SMAA Coordinator
Technology Assistance

Robert W. Boyd Amvets Post 2 **207-846-9644** **Facebook: Robert W Boyd Amvets post 2**

148 North Road

Thursday Night Dart League

Royal River Community Players **207-210-7569** **www.royalrivercommunit.wixsite.com/rrcp**

royalrivercommunityplayers@gmail.com

The purpose of this group is to create multi-generational opportunities that encourage creative expression by providing performing art experiences and creating theatrical productions for all ages.

Theater Productions
Open Mic Nights
Dinner Theater

Village Improvement Society **www.yarmouthvis.org**

Town Hall Meeting Room, 200 Main Street

The VIS promotes the village character and sense of place. Community projects and historic preservation efforts.

Public Interest Programs. 1st Tuesday of month Oct. thru May,
Social gatherings, Community Activities

Yarmouth Community Services (YCS) 207-846-2406 www.yarmouthcommunityservices.org
200 Main Street

Creating community through people, parks and programs. Many of our programs are free to participate but those programs that offer instruction have a fee and require pre-registration. Call the YCS office or log-on to our website FMI.

- Adult & Senior Trips
- Adult Painting Classes & Groups
- Adult Yoga, Zumba, Ballroom Dance & Hapkido
- Bartlett Circle Bingo
- Bridge Players, MahJong Players
- Knitters Knook

Yarmouth History Center 207-846-6259 www.yarmouthmehistory.org
118 East Elm Street *Open Hours: TUE-SAT 10:00 am-5:00 pm*

Ongoing events include museum and art gallery exhibits, lectures, films, English Country Dancing, knitting group, and other programs. Museum and gift shop are open free of charge.

- Lectures
- Movies: Eve
- Exhibits: History and Art
- Dancing, Social Gatherings

Yarmouth Senior Dining Jane Hurst 207-846-6693 www.smaaa.org
Casco Masonic Hall - 20 Mill Street **Wellness&Nutrition Community Cafes**

Catered Luncheon	1st TUE/Month	Reservation Required	\$6.00	Donation
Weekly Cafe Lunch	Every TUES	Reservation Required	\$4.00	Donation

A great opportunity for Seniors to socialize and enjoy a meal

YMCA of Southern Maine Casco Bay Branch 207-865-9600 ymcaofsouthernmaine.org
14 Old South Freeport Road, Freeport

Free and Open to the Community:

- Cards and Coffee Tuesdays, 10am-Noon
- Parkinson's Support Group, Wednesdays 11:15am-12:15pm
- Included with a Membership (Financial Assistance Available):
- Arthritis Class, Water Tai Chi, Seated Tai Chi, Low Key Tai Chi, The Chair class, Zumba Gold, Art with Diana

Local Churches:

First Baptist Church 207-846-5814 Val Taylor, Office Mgr. www.firstbaptistymouth.org
346 Main Street

Shining the light of Christ through sharing the life in Christ

First Parish Congregational Church 207-846-3773 www.firstparishymouth.org
116 Main Street

Ongoing: A space for community gatherings of all ages and interests
No Strings Attached Women's Group, Book Group, Chair Yoga
Yarmouth Community Chorus Contact YCS (207)846-2406

First Universalist Church of Yarmouth 207-846-4148 Gwen Matthews www.uuyarmouth.org
97 Main Street

Caring Connection: Meals and transportation for those in need
Adult Conversation Circles, Yoga Class
Open Heart Sangha Meditation Group, Casco Bay Sangha Meditation Group
Women's AA, Volunteer opportunities available

Sacred Heart Church 207-847-6890 www.parishoftheholyeucharist.org
326 Main Street

Alzheimers Support Group for Caregivers Catherine Gentile 846-6862 ezine@catherinegentile.com
Monthly Senior Luncheon

