



# Food Support in Yarmouth

## General Information

- There are several programs that provide additional food for Yarmouth residents
- Many of the programs are free but require an application

## Programs Available

- **Yarmouth Food Pantry**
  - Located at First Parish Church (rear entry on Storer St.)
  - Hours:
    - Tue. 10:00 am - 12:00 noon
    - Wed. 5:00 pm - 7:00 pm
    - Fri. 10:00 am - 12:00 noon
  - Serves the greater Yarmouth Area
  - Available items include food staples, frozen foods, fresh produce, personal care items
  - Contact Sue Granai at [susanrgranai@gmail.com](mailto:susanrgranai@gmail.com) for more information. Her cell phone is 207-232-5759
- **Southern Maine Agency on Aging**
  - *Meals on Wheels*
    - Volunteer drivers deliver luncheon meals and provide a community connection
    - Open to seniors 60 or older who are housebound
    - Contact Jane Hurst at 207-846-6693
  - *Community Cafe*
    - Opportunity for Maine residents 60 or older to socialize while enjoying a meal every Tuesday
    - Located at the Casco Lodge on Mill St in Yarmouth
    - Doors open at 10:30 am, with lunch served at noon
    - The 1<sup>st</sup> Tuesday of the month is a catered luncheon. Cost is \$7.00 and reservations are required.
    - A smaller lunch is served the remaining Tuesdays. Cost is \$4.00. No reservations required
    - Contact Jane Hurst at 207-846-6693

- **Food Boxes**
  - Surplus food delivered to Yarmouth Food Pantry (rear entry on Storer St) the 1st Thurs. of the month
  - Boxes generally contain cereal, milk, juice, vegetables, cheese, and rice
  - You must be at least 60 and could use a little extra food
  - Contact Irv Felker at 207-846-4669
- **Food Vouchers**
  - Food vouchers to use at the Farmers' Market (June-October)
  - Vouchers can be obtained at the Yarmouth Food Pantry or at the Farmer's Market at 317 Main Street
  - Vouchers are available for those 18 or older
  - Sponsored by YCAN (Yarmouth Cares About Neighbors)
  - Contact Amy Sinclair at 207-329-7735
- **Yarmouth/Freeport General Assistance**
  - Information and applications for SNAP (Supplemental Nutrition Assistance Program) are available through DHHS (Department of Health & Human Services)
  - Vouchers for food and personal care items may be available through the general assistance office and can be redeemed at Hannaford's in Yarmouth
  - Contact Johanna Hanselman at 207-865-4743 ext. 120

### **Additional Information**

- The Yarmouth Rides program may be able to provide you with transportation to these programs
- Contact Jean Rafford at 207-329-7295